

# Family Living

#09132

Grades 9-12

- ❖ To assist students in preparing for adult roles that support and strengthen family life. The course may include: lifestyle and role options for adult life; forms and functions of the family; processes in making and evaluating decisions; readiness for adult roles and responsibilities, including marriage and parenthood; customs and laws relating to marriage and family life; emergency preparedness; coping with crises affecting family life; the family throughout the life cycle; interactions between family and community; sources of support and assistance for individuals and families; current issues related to home and family life; related careers; leadership development.
- ❖ Note: This course can be taught for CTE credit only. For Physical Education credit, Family Living can be found under Physical Education and Health.

Credit:

$\frac{1}{4}$ ,  $\frac{1}{2}$ , or 1

Max credit = 1

MIS03 #09132		0.25, 0.5 or 1.0 Credit	FAMILY LIVING	✓
Career, Community, and Family Connections				
Content Standards	Competencies			
1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).	1.1.1 Summarize local and global policies, issues, and trends in the workplace and community that affect individuals and families.			
	1.1.2 Analyze the effects of social, economic, and technological change on work and family dynamics.			
	1.1.3 Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.			
	1.1.4 Analyze potential effects of career path decisions on balancing work and family.			
	1.1.5 Define goals for life-long learning and leisure opportunities for all family members.			
	1.1.6 Develop a life plan, including pathways to acquiring the knowledge and skills needed to achieve individual, family, and career goals.			
1.3 Evaluate the reciprocal effects of individual and family participation in community activities.	1.3.1 Analyze goals that support individuals and family members in carrying out community and civic responsibilities.			
	1.3.2 Demonstrate skills that individuals and families can utilize to support civic engagement in community activities.			
	1.3.3 Analyze personal and family assets and skills that provide service to the community.			
	1.3.6 Identify ways individuals and families can influence change in policies, agencies, and institutions that affect individuals and families.			
Consumer and Family Resources				
Content Standards	Competencies			
2.1 Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time and human capital.	2.1.1 Apply management and planning skills and processes to organize tasks and responsibilities.			
2.4 Evaluate the effects of technology on individual and family resources.	2.4.1 Summarize types of technology that affect family and consumer decision-making.			
2.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span	2.6.1 Evaluate the need for personal and family financial planning.			
	2.6.2 Apply management principles to individual and family financial practices.			
	2.6.3 Apply management principles to decisions about insurance for individuals and families.			
	2.6.4 Evaluate personal and legal documents related to managing individual and family finances.			

Consumer Services		
Content Standards	Competencies	
3.3 Analyze factors in developing a long-term financial management plan.	3.3.1 Explain the effects of the economy on personal income individual and family security, and consumer decisions.	
	3.3.2 Demonstrate components of a financial planning process that reflect the distinction between needs, wants, values, goals, and economic resources.	
	3.3.3 Analyze the effect of consumer credit in long-term financial planning.	
	3.3.4 Compare investment and savings alternatives.	
	3.3.5 Analyze the effects of risk management strategies on long-term financial planning.	
	3.3.6 Analyze the effect of key life transitions on financial planning.	
	3.3.7 Explain the role of estate planning in long-term financial planning.	
	3.3.8 Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance.	
Education and Early Childhood		
Content Standards	Competencies	
4.2 Analyze developmentally appropriate practices to plan for early childhood, education, and services.	4.2.5 Analyze strategies that promote children's growth and development.	
4.4 Demonstrate a safe and healthy learning environment for children.	4.4.5 Document symptoms of child abuse and neglect and use appropriate procedures to report suspected abuse or neglect to the designated authorities.	
	4.4.7 Demonstrate security and emergency procedures.	
4.5 Demonstrate techniques for positive collaborative relationships with children.	4.5.1 Apply developmentally appropriate guidelines for behavior.	
	4.5.2 Demonstrate problem-solving skills with children.	
	4.5.3 Demonstrate interpersonal skills that promote positive and productive relationships with children.	
	4.5.4 Implement strategies for constructive and supportive interactions between children and families.	
Facilities Management and Maintenance		
Content Standards	Competencies	
5.2 Demonstrate planning, organizing, and maintaining an efficient housekeeping operation for a residence.	5.2.1 Apply housekeeping standards and procedures.	
5.6 Demonstrate laundering processes.	5.6.2 Demonstrate standard laundry procedures.	

Family		
Content Standards	Competencies	
6.1 Analyze the effects of family as a system on individuals and society.	6.1.1 Analyze family as the basic unit of society.	
	6.1.2 Analyze the role of family in transmitting societal expectations.	
	6.1.3 Analyze global influences on today's families	
	6.1.4 Analyze the role of family in teaching culture and traditions across the life span.	
	6.1.5 Analyze the role of family in developing independence, interdependence, and commitment of family members.	
	6.1.6 Analyze the effects of change and transitions over the life course.	
	6.1.7 Analyze the ways family and consumer sciences careers assist the work of the family.	
6.2 Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.	6.2.1 Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.	
	6.2.2 Analyze the effects of social and cultural diversity on individuals and families.	
	6.2.3 Analyze the effects of empathy for diversity on individuals in family, work, and community settings.	
	6.2.4 Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.	
	6.2.5 Analyze the effects of globalization and increasing diversity on individuals, families, and society.	
Family and Community Services		
Content Standards	Competencies	
7.2 Analyze factors relating to providing family and community services.	7.2.1 Describe local, state, and national agencies and informal support resources providing human services.	
	7.2.5 Summarize the rights and responsibilities of human service participants and their families.	
	7.2.6 Analyze effective individual and family advocacy and self-advocacy strategies to overcome diverse challenges facing human services participants.	
	7.2.7 Analyze community-networking opportunities in family and community services.	
7.5 Evaluate services for individuals and families with a variety of disadvantaging conditions.	7.5.1 Describe needs and accommodations for people with a variety of disadvantaging conditions.	
	7.5.2 Analyze ways in which individuals with disadvantaging conditions affect the family and family members financially, socially, physically, and emotionally.	
	7.5.3 Illustrate coping or adjustment strategies and stress management practices for the participant, a caregiver, and family members.	
	7.5.4 Summarize the importance of friends, family, and community relationships for an individual with a variety of disadvantaging conditions.	
	7.5.6 Demonstrate strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.	
	7.5.7 Demonstrate verbal and nonverbal communication skills that support individuals and families with a variety of disadvantaging conditions.	

Human Development		
Content Standards	Competencies	
12.1 Analyze principles of human growth and development across the life span.	12.1.1 Analyze physical, emotional, social, spiritual, and intellectual development.	
12.1 continued	12.1.2 Analyze interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.	
	12.1.3 Analyze current and emerging research about human growth and development, including research on brain development.	
12.2 Analyze conditions that influence human growth and development.	12.2.1 Analyze the effect of heredity and environment on human growth and development.	
	12.2.2 Analyze the impact of social, economic, and technological forces on individual growth and development.	
	12.2.3 Analyze the effects of gender, ethnicity, and culture on individual development.	
	12.2.4 Analyze the effects of life events on individuals' physical, intellectual, social, moral, and emotional development.	
	12.2.5 Analyze geographic, political, and global influences on human growth and development.	
12.3 Analyze strategies that promote growth and development across the life span.	12.3.1 Analyze the role of nurturance on human growth and development.	
	12.3.2 Analyze the role of communication on human growth and development.	
	12.3.3 Analyze the role of family and social services support systems in meeting human growth and development needs.	
Interpersonal Relationships		
Content Standards	Competencies	
13.1 Analyze functions and expectations of various types of relationships.	13.1.1 Analyze processes for building and maintaining interpersonal relationships.	
	13.1.2 Predict the effects of various stages of the family life cycle on interpersonal relationships.	
	13.1.3 Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships.	
	13.1.4 Analyze factors that contribute to healthy and unhealthy relationships.	
	13.1.5 Analyze processes for handling unhealthy relationships.	
	13.1.6 Demonstrate stress management strategies for family, work, and community settings.	
13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships.	13.2.1 Analyze the effects of personal characteristics on relationships.	
	13.2.2 Analyze the effect of personal need on relationships.	
	13.2.3 Analyze the effects of self-esteem and self-image on relationships.	
	13.2.4 Analyze the effects of life span events and conditions on relationships.	
	13.2.5 Explain the effects of personal standards and behaviors on interpersonal relationships.	

13.3 Demonstrate communication skills that contribute to positive relationships.	13.3.1 Analyze communication styles and their effects on relationships.	
	13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.	
	13.3.3 Demonstrate effective listening and feedback techniques.	
	13.3.4 Analyze strategies to overcome communication barriers in family, community and work settings.	
	13.3.5 Apply ethical principles of communication in family, community and work settings.	
	13.3.6 Analyze the effects of communication technology in family, work, and community settings.	
	13.3.7 Analyze the roles and functions of communication in family, work, and community settings.	
13.4 Evaluate effective conflict prevention and management techniques.	13.4.1 Analyze the origin and development of attitudes and behaviors regarding conflict.	
	13.4.2 Explain how similarities and differences among people affect conflict prevention and management.	
	13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict.	
	13.4.4 Demonstrate nonviolent strategies that address conflict.	
	13.4.5 Demonstrate effective responses to harassment.	
	13.4.6 Assess community resources that support conflict prevention and management.	
13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.	13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members.	
	13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members.	
	13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members.	
	13.5.4 Demonstrate techniques that develop team and community spirit.	
	13.5.5 Demonstrate ways to organize and delegate responsibilities.	
	13.5.6 Create strategies to integrate new members into the team.	
	13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.	
13.6 Demonstrate standards that guide behavior in interpersonal relationships.	13.6.1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships.	
	13.6.2 Apply guidelines for assessing the nature of issues and situations.	
	13.6.3 Apply critical thinking and ethical standards when making judgments and taking action.	
	13.6.4 Demonstrate ethical behavior in family, workplace, and community settings.	
	13.6.5 Compare the relative merits of opposing points of view regarding current ethical issues.	

Nutrition and Wellness		
Content Standards	Competencies	
14.1 Analyze factors that influence nutrition and wellness practices across the life span.	14.1.1 Explain physical, emotional, social, psychological and spiritual components of individual and family wellness.	
14.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.	14.2.3 Analyze the effects of food and diet fads, food addictions, and eating disorders on wellness.	
Parenting		
Content Standards	Competencies	
15.1 Analyze roles and responsibilities of parenting.	15.1.1 Analyze parenting roles across the life span.	
	15.1.2 Analyze expectations and responsibilities of parenting.	
	15.1.3 Analyze consequences of parenting practices to the individual, family, and society.	
	15.1.4 Analyze societal conditions that influence parenting across the life span.	
	15.1.5 Explain cultural differences in roles and responsibilities of parenting.	
15.2 Evaluate parenting practices that maximize human growth and development.	15.2.1 Choose nurturing practices that support human growth and development.	
	15.2.2 Apply communication strategies that promote positive self-esteem in family members.	
	15.2.3 Assess common practices and emerging research about discipline on human growth and development.	
	15.2.4 Assess the effects of abuse and neglect on children and families and determine methods for prevention.	
	15.2.5 Apply criteria for selecting care and services for children.	
15.3 Evaluate external support systems that provide services for parents.	15.3.1 Assess community resources and services available to families.	
	15.3.2 Appraise community resources that provide opportunities related to parenting.	
	15.3.3 Summarize current laws and policies related to parenting.	
15.4 Analyze physical and emotional factors related to beginning the parenting process.	15.4.1 Analyze biological processes related to prenatal development, birth, and health of child and mother.	
	15.4.2 Analyze the emotional factors of prenatal development and birth in relation to the health of parents and child.	
	15.4.3 Analyze implications of alternatives to biological parenthood.	
	15.4.4 Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.	

# Family Living Course Topics and Related Standards Overview

<b>FAMILY LIVING</b>	<b>FACS I</b>	<b>Middle School FACS</b>
<b>MIS03 # 09132</b>	<b>MIS03 # 09022</b>	<b>MIS03 # 09006</b>
<b><i>Family</i></b>	<b><i>Family</i></b>	<b><i>Family</i></b>
Roles (6.1.1, 6.1.2, 6.1.3, 6.1.4, 6.1.5, 6.1.6, 6.1.7)	Roles (6.1.1, 6.1.5, 6.1.6, 6.1.7)	Roles (6.1.1, 6.1.7)
Diversity (6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5)	Diversity (6.2.3, 6.2.4)	
Readiness for Parenting (13.2.1, 13.2.3, 13.3.1, 13.3.4, 15.1.1-15.1.5)		
Community (7.2.1, 7.2.5, 7.2.6, 7.2.7)	Community (7.2.1, 7.2.6)	Community (7.2.1)
Disadvantaging Conditions (7.5.1, 7.5.2, 7.5.3, 7.5.4, 7.5.6, 7.5.7)		
<b><i>Human Development</i></b>	<b><i>Human Development</i></b>	<b><i>Human Development</i></b>
Life Span (12.1.1, 12.1.2, 12.1.3, 12.3.1, 12.3.2, 12.3.3)	Life Span (12.1.1, 12.1.2)	Life Span (12.1.1, 12.1.2)
Influencing Conditions (12.2.1, 12.2.2, 12.2.3, 12.2.4, 12.2.5)	Influencing Conditions (12.2.1, 12.2.2, 12.2.3)	
<b><i>Relationships</i></b>	<b><i>Relationships</i></b>	<b><i>Relationships</i></b>
Types of Relationships (13.1.1, 13.1.2, 13.1.3, 13.1.4, 13.1.5, 13.1.6, 13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5)	Types of Relationships (13.1.1, 13.1.4, 13.1.5, 13.1.6, 13.2.1, 13.2.3, 13.2.5)	Types of Relationships (13.1.1, 13.1.4, 13.1.5, 13.2.3, 13.2.5)
Communication (13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 13.6.1, 13.6.2, 13.6.3, 13.6.5)	Communication (13.3.1, 13.3.2, 13.3.3, 13.3.6, 13.3.7, 13.6.1, 13.6.3)	Communication (13.3.1, 13.3.2, 13.3.3, 13.3.6, 13.6.1, 13.6.3)
Conflict (13.4.1, 13.4.2, 13.4.3, 13.4.4, 13.4.5, 13.4.6)	Conflict (13.4.3, 13.4.4, 13.4.5)	Conflict (13.4.3, 13.4.4, 13.4.5)
Teamwork and Leadership (13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7)	Teamwork and Leadership (13.5.1, 13.5.5, 13.5.7)	Teamwork and Leadership (13.5.1)
<b><i>Independent Living</i></b>	<b><i>Independent Living</i></b>	<b><i>Independent Living</i></b>
Maintenance (5.2.1, 5.6.2)		
Wellness (14.1.1, 14.2.3)		
<b><i>Parenting</i></b>	<b><i>Parenting</i></b>	<b><i>Parenting</i></b>
Roles and Responsibilities (15.1.1, 15.1.2, 15.1.3, 15.1.4, 15.1.5)	Roles and Responsibilities (15.1.1, 15.1.2)	Roles and Responsibilities (15.1.1, 15.1.2)
Practices (4.2.5, 4.4.5, 4.4.7, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 15.2.1, 15.2.2, 15.2.3, 15.2.4, 15.2.5)	Practices (4.4.5, 4.4.7, 4.5.2, 4.5.3, 4.5.4, 15.2.1, 15.2.2)	Practices (4.4.5, 4.4.7, 4.5.2, 4.5.3, 15.2.2)
Support Systems (15.3.1, 15.3.2, 15.3.3)		
Readiness (15.4.1, 15.4.2, 15.4.3, 15.4.4)		
<b><i>Related Careers</i></b> (1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.3.1, 1.3.2, 1.3.3, 1.3.6, 13.6.4)	<b><i>Related Careers</i></b> (1.1.2, 1.1.3)	<b><i>Related Careers</i></b> (1.1.2, 1.1.3)